

3 Star Ranch Equine Assisted Psychotherapy for the Whole Family, PC

2400 W. Las Flores Ave.
Ridgecrest, CA 93555

Anita J. Walraven, MA, LMFT #MFC 40657
Licensed Marriage & Family Therapist

CONSENT FOR TREATMENT

Anita J. Shumway Walraven, M.A. is a licensed Marriage and Family Therapist in the state of California and is hereby given permission to administer and perform any treatment and/or diagnostic procedures, which may now or during the course of treatment, be deemed advisable or necessary. Anita Walraven’s expertise lies in the area of individual, children, marriage and family psychotherapy, assessment and equine assisted psychotherapy. Anita and her husband Rex Walraven are qualified to provide Equine Assisted Psychotherapy when it is deemed appropriate. This agreement may be revoked by me at any time either verbally or in writing.

I understand that any records or summary of those records kept on me may be made available to me upon written request. Records generally include diagnosis, dates of contact, relevant treatment considerations, and progress made while in treatment. Records do not necessary include specific comments made, or explicit details for each and every session held. Such records may be made available to other qualified professionals upon receipt of a signed release form. The only exception to this release of records might be requested under a court order.

The content of therapeutic session is bound by the laws of confidentiality with a few notable exceptions: If you relate that you are actively suicidal or homicidal or if you report physical or sexual abuse or neglect of either children or dependent adults. I am mandated by law to report such abuse to the proper authorities.

If Anita Walraven does not believe that she can provide adequate services to meet your needs, it is understood that an appropriate referral to other sources of help will be given. It is common that ongoing psychotherapeutic services can continue over many months. Typically, these services do not go beyond 12 to 15 sessions. On occasion when both Anita Walraven and the client(s) deem appropriate and helpful, these sessions may last longer. On occasions psychotherapy can and does raise uncomfortable emotions and can cause emotional distress and disruption in life. Also note that psychotherapeutic treatment is not always effective at altering the presenting symptoms.

If you have an emergency, it is recommended that you go to the local emergency room at either Ridgecrest Regional Hospital at 1081 N. China Lake Blvd., Ridgecrest, CA or to a local emergency room in the community where you are at during the time of the crisis.

Cancellation Policy: Appointments are to be cancelled 24 hours in advance, with the exception of emergencies. Sessions will automatically be cancelled if the client is more than 20 minutes late. Failure to keep an appointment will result in your being charged the full rate of \$100 for the time reserved for you. If you have any questions, please feel free to ask for clarification.

Your signature below indicates that you agreed to the terms outlined in this Consent for Treatment.

SIGNATURE OF CLIENT: _____

DATE: _____

SIGNATURE OF PARENT, GUARDIAN OR RESPONSIBLE PERSON (FOR MINORS): _____

DATE: _____

WITNESS: _____

DATE: _____